

CLOWN & RITUAL ARTISTIC WORKSHOP

RITMO DA TERRA, ALJEZUR PORTUGAL

Facilitated by Zuma Puma (Founder of Clownlife)
Produced by: Eva Stotz

Dates: May 5th - 7th 2023
(Friday/ Saturday/ Sunday)
3 days- 10am - 5pm

Registration: Eva Stotz via mail@evastotz.com

INVESTMENT

SLIDING SCALE: 215 EURO- 300 EURO

- Earlybird 195 EURO (Book before April 3rd 2023)
- Double it up Discount- Sign Up for Zuma's workshop in Orca Portugal (April 28th-30th) as well and receive both workshops for 380 EURO (not including accommodation, food or travel.)
- Optional Accommodation- can be booked at an additional cost.

THE INVITATION

Dear Wild Humans of Expression

We invite you to join us on a journey into the profound worlds of clown, play, ritual and clown ceremony on the incredible lands of Ritmo Da Terra, Aljezur, Portugal.

THIS WORKSHOP IS FOR YOU IF...

You are a curious being, interested in exploring the physical body and your uniquely ridiculous self. Ready to unleash your inner clown and dive into the transformative work of clowning, ritual, performance and community.

WHAT IS IT?

We will be exploring how the clown can inform our life on and off the stage (in performance, movement, playing, expression, games etc).

This will be an intensive process with a full schedule so please apply if you're yearning for a full, holistic immersive clown event.



www.clownlife.org

THE WORKSHOP

THE PROGRAM:

Our workshop will be focusing on: Connection, Presence, Humanity, Self-expression, Play, Community, Authenticity, Risk taking/Stepping out of the Comfort zone, Being seen, Listening, Expressions of the Ridiculous, Performance, Freedom of expression and Playing/being with nature, one another and the world.

We will be looking at how the practice of clown can help us to live whole-heartedly in everyday life as well as improving performance skills, building confidence and communication with others. Whether you are a performing artist, comedian, drama/art therapist etc. or someone who just wants to play and be seen, this event is for you. Welcome to all levels of experience.

WHAT YOU WILL GET FROM THE EVENT:

- Facilitated Exercises
- Performance development in Clown and Comedy
- Being seen and seeing others
- Play and expressions of the wild self
- Sharing honestly with vulnerability and sensitivity
- Seeing the humour in your world
- Having a ridiculously fun time
- Performance Cabarets
- Daily Check in's with open and closing ceremony
- Creative flow practice with painting, movement and freewriting
- Full Mind, Body, Heart, Soul nourishment
- More laughter than you've had all year!

DAILY ITINERARY:

- Morning: Movement, dance warm ups and games
- Afternoon: Introduction to Clownlife pedagogy and performance practice
- Late Afternoon: Performance Generating exercises and Cabaret/ Immersive experiences.

PARTICIPANT TESTIMONIALS

"It was one of the most transformational and releasing weekends of my life"- Amber Wood (Past participant)



TESTIMONIALS (CONTINUED)

“Great teachers are few and far between, but truly visionary ones are even more rare and worth their weight in gold. Zuma in her philosophies, teachings and continuous passionate spreading of ClownLife into this world is literally witnessing a contemporary visionary at work. For years, I have heard about Zuma’s unique insights to the creative voice and clown – and she delivers beyond any expectations, transcending our shared human condition into a self-charged gift into individual artistic expression. Zuma invites those around her to play with everything, embody everything and bring in creativity as a life practice for everyday.”- Elaine Weryshko (Artistic Director for The Canadian Academy of Mask and Puppetry).

STAYING ON THE LAND

There are TWO options to participate in this event:

1. Join for the Workshop Only

or

2. Stay on the land & turn the workshop into a Retreat

THE LAND:

"Welcome to Ritmo da Terra, a magical place nestled in a peaceful valley just outside of the little town of Aljezur. Our guests can relax at the pool or in the sauna, enjoy the sincerity of this land at springwater lake and the surrounding hills invite for a walk in Nature. The ocean is just 15min away. And you will leave differently than how you came: Inspired, regenerated, alive."

ACCOMMODATION: (There are a few options)

CAMPER VAN (IN YOUR OWN VAN)

20 EURO/ Night per person

30 EURO/ Night for 2 people

MONGOLIAN YURTS: (30- 55 EURO)

Single (1 person)- 55 EURO/ Night

Double (2 Person) 75 EURO/ Night

Thriple (3 Person) 90 EURO/Night



INVESTMENT

FEE BREAKDOWN

10AM - 5PM FRIDAY/ SATURDAY & SUNDAY

50/day- Zuma Facilitation Fee

10/day- Eva Production

10/day- workshop venue fees

35 Eur- Organisation + travel contribution

= 70 x 3 days + 30 = 245 EURO



WORKSHOP PARTICIPANTS PAY:

Workshop (3 days- 10am - 5pm)

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TRANSPARENCY CLAUSE:

Please only select the low income option if you are truly low income. It is important for me to make this work affordable.

- If you are in need of a payment plan to make it more possible please let us know.

REFUND POLICY:

• An initial non-refundable deposit of 75 Euro will be asked to secure your place. The full amount will be due 2 weeks before the event after which time there is a no cancellation policy (similar to any airbnb or hotel you would book). You may transfer your place to another person or sell it on to a friend in your network if you are unable to attend.

REGISTRATION

Please email Eva Stotz via mail@evastotz.com with any questions or concerns you may have regarding the event. We look forward to hearing from you soon!

MORE REASONS TO COME:

" I came into the workshop with not a lot of confidence and now leaving it I feel like I could do pretty much anything. I feel like I broke through some shells that have bound me up for a while... Good trust building exercises in small groups expanding into bigger ones... I'd say its quite a self esteem raiser. "- Andrew Taylor (Participant on multiple weekend Clownlife courses over the years)

" It's amazing, soul lifting, transformative work through liberating play and restores you to the very essence of who you are as a being... Loved the weekend"- Moniqa Islam (Participant of multiple Clownlife weekend intensives over the years)